

PAEDIATRIC GRAND ROUNDS

Alberta Children's Hospital

September 23, 2026
8:30 - 9:30 AM

*****Registration Required for Zoom*****

Cultural Competency for working with South Asian clients

Hafsa Yasin

Registered Provisional Psychologist

Objectives:

1. Recognize the influence of South Asian cultural values, family dynamics, and expectations on children's and adolescents' mental health, development, and help-seeking behaviours.
2. Identify how religious beliefs, faith, and spirituality may shape a child or family's understanding of illness, distress, treatment, and recovery, and incorporate these factors into culturally responsive care.
3. Apply culturally responsive communication strategies when engaging South Asian children, adolescents, and families in health care.