

# PAEDIATRIC GRAND ROUNDS

Alberta Children's Hospital

February 11, 2026  
8:30 - 9:30 AM

**\*\*\*Registration Required for Zoom\*\*\***

**\*\*\*Kinsmen Learning Centre Auditorium (4<sup>th</sup> Floor - ACH) for In-Person\*\*\***

## Navigating Adolescent Substance Use: Trends, Toxicity, and Harm Reduction Strategies

**Nicholas Chadi**, MD, MPH

Associate Professor of Pediatrics, University of Montreal

**Eva Moore**, MD, MSPH

Associate Professor of Pediatrics, University of British Columbia

**Objectives: At the end of this session, participants will be able to:**

1. Discuss recent trends in substance use and drug toxicity among adolescents.
2. Adopt a youth-centered approach for the management of drug overdose and withdrawal.
3. Apply harm reduction strategies with adolescents presenting with illicit/nonmedical use of opioids, sedatives and stimulants drugs.