



## Tuberous Sclerosis

Tuberous sclerosis (TOO-buh-rus-skluh-ROH-sus) is a genetic disorder that can cause noncancerous tumors to form in many parts of the body. With TSC tumors can develop in the brain, eyes, kidneys, heart, lungs, bones, or skin.

Check out these resources! Use your phone to scan the QR codes to open the links!

### Books

These books have been recommended by Alberta Children's Hospital staff and community partners. Books can be borrowed from the FCRC Family Library or you can check with your local library to see if they are available.

<https://collections.follettsoftware.com/collection/5f3bf25ce272f70012ec68a9>



### FCRC Information Prescription

Check out all these resources and more on our website.

<http://fcrc.ahs.ca/rx/tsc/>



### Kids Health—Tuberous Sclerosis Complex

Nemours created this page for parents to give them an introduction to TSC. It gives information on signs & symptoms, causes, diagnosis, and treatment.

<https://kidshealth.org/en/parents/tuberous-sclerosis.html?ref=search>



### Tuberous Sclerosis Canada—Living with TSC

Tuberous Sclerosis Canada is a voluntary, non-profit, charitable organization. It works to provide awareness and support for individuals with TSC and their families. An introduction to living with TSC can be found on their page.

<https://www.tscanada.ca/patients-caregivers/living-with-tsc/>



### Tuberous Sclerosis Complex International—What is TSC

Tuberous Sclerosis Complex International (TSCi) is a consortium of organizations that support individuals with TSC around the world. Their page explains what TSC is, how it is diagnosed, and what to expect after a diagnosis.

<https://www.tscinternational.org/what-is-tsc/>



### NORD

The National Organization of Rare Disorders has an article about tuberous sclerosis. It includes in depth information about symptoms, diagnosis, treatments, and refers to other helpful organizations.

<https://rarediseases.org/rare-diseases/tuberous-sclerosis/>



## GARD

Genetic and Rare Diseases Information Center provides access to current, reliable, and easy to understand articles about rare or genetic diseases, including TSC.

<https://rarediseases.info.nih.gov/diseases/7830/tuberous-sclerosis>



## Ophanet

Orphanet provides high-quality information on rare diseases and works to ensure equal access to knowledge. Use the search bar to find an article about TSC.

<https://www.orpha.net/consor/cgi-bin/index.php?lng=EN>



*Need more information?*

## Contact the Family Librarian

403-955-7745 [ChildHealthInfo@ahs.ca](mailto:ChildHealthInfo@ahs.ca) <http://fcrc.albertahealthservices.ca/>

### Family & Community Resource Centre

2<sup>nd</sup> Floor, Alberta Children's Hospital - 28 Oki Drive NW, Calgary, AB, T3B 6A8

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please contact your doctor or appropriate health care professional.

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