

## Youth Health Program

### Clinic Summary and Criteria

The Youth Health Program is a consultative service for adolescents (at least 11 years of age and up to 23 years of age) struggling with complex adolescent issues such as:

- body image,
- peer relationships,
- sexual health,
- substance use,
- chronic illness, and
- mental health concerns.

Assessments are provided by physicians with specialized training in adolescent health care bridging the physical, psychological, and psychosocial components of youth health. As required, a medical examination is incorporated into the assessment.

Although it is a primarily outpatient service, inpatient consultation may be requested.

### Routine Referral Process:

Referrals are accepted from:

- Family physicians
- Pediatricians
- Sub-specialists
- Emergency Department physicians
- Physicians caring for youth in the inpatient units or outpatient facilities at the Alberta Children's Hospital

Please complete the Consultative Diagnostic Clinic Referral Form and submit it by:

- Fax to (403) 955-5990
- Internal mail to the Youth Health Program c/o Child Development Services at the Child Development Centre
- Canada Post Mail – to Alberta Children's Hospital, 2888 Shaganappi Tr. NW, Calgary, AB T3B 6A8 Attention: Youth Health Program, Child Development Centre

Referrals are received by Child Development Services - Central Access and Referral Management.

**Key Providers May Include:** Adolescent Medicine Physician, Nurse, Psychiatrist