

Early Childhood Rehabilitation Services

Early Childhood Rehabilitation (ECR) provides goal-focused, time limited intervention and parent education for medically stable children, from birth to kindergarten eligibility, with neuro-developmental concerns or developmental delays that are impacting daily life.

ECR is a voluntary program that requires parents/caregiver readiness to actively participate in intervention sessions. With support, parents/caregivers must be able to identify a functional goal for which they would like to focus rehabilitation intervention. Parent/caregivers are then coached on how to carry-out developmental recommendations in the home and community. Attending an ECR parent/caregiver orientation session is the first step of our programming (*exceptions may apply e.g. English Language Learners, complex child/family needs).

Intervention is individualized to support the child and family and may include screening, informal/formal assessment, parent/caregiver education sessions, direct teaching/coaching, equipment support, support with accessing community-based resources, individual and/or group sessions.

ECR may complete assessment(s) to inform intervention but does not accept referrals requesting assessment only.

ECR does not provide home-based intervention. All services are provided at AHS facilities.

Referrals are accepted from:

Pediatricians
Family General Practitioners
Allied Healthcare Professionals /Nurses/Registered Dietitians

Inclusion Criteria:

- Child has diagnosed or undiagnosed delays due to neuro/developmental origin(s). (For example: Cerebral Palsy, Down Syndrome, Benign Congenital Hypotonia, etc.)
- Child is medically stable and able to participate in rehabilitation
- Children with a developmental delay that is impacting their daily life
- Birth to Kindergarten eligibility age (5-5 ½ yrs)
- Families within AHS, Calgary Zone.

Exclusion Criteria:

- Child is accessing services that are meeting their functional needs in the home and community (e.g. Home Care, Early Intervention programs, Alberta Education funded programs, private therapy, FSCD funded programs and/or other community-based rehabilitation supports). We may negotiate complementary services so as to avoid duplicating services.
- Referrals for assessment only.
- Child has musculoskeletal concerns and no additional developmental concerns (eg. torticollis, clubfeet, amputees)
- Child has a Brachial plexus injury
- Child requires monitoring or 'just in case' service
- Child requires support from a Speech Language Pathologist only
- Child is receiving palliative support and is not able to actively participate in rehabilitation services
- Child requires support from a Registered Dietitian only
- Child requires support for feeding only and does not present with any additional developmental concerns.
- Child currently attending Kindergarten or entering Kindergarten within 2-3 months.
- Child requires the support of a psychologist or behavioral specialist only and does not present with any additional developmental concerns.

Please complete: Early Childhood Rehabilitation Services Referral Form