

Tracheostomy and Ventilator Education Program

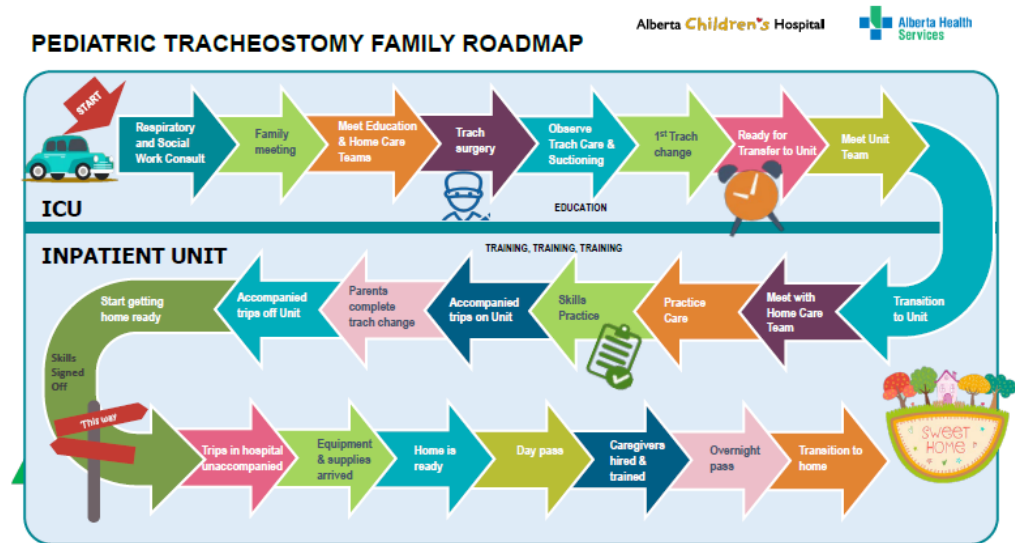
Module 1: Introduction

Disclaimer

This material is intended for use by trained family members and caregivers of children with tracheostomies who are patients at the Alberta Children's Hospital. Although reasonable efforts were made to confirm the accuracy of the information, Alberta Health Services does not make any representation or warranty, express, implied or statutory, as to the accuracy, reliability, completeness, applicability or fitness for a particular purpose of such information. This material is not a substitute for the advice of a qualified health professional, so please seek medical advice from an appropriate health professional for questions regarding the care and treatment of any patient. Alberta Health Services expressly disclaims all liability for the use of these materials, and for any claims, actions, demands or suits arising from such use.



Objectives:

- Introduction to life with a trach
- Learning how to care for your child's needs
- Funding supports
- Caregiver support
- CCAN and Pediatric Home Care teams



Life with a trach



- Your child now has a trach and may have other respiratory supports (like oxygen or a ventilator)
- You will have a team  of medical professionals to help in hospital and when you go home 
- You are learning how to care for your child's trach needs safely:
 - There must be 2 family members fully trach trained to keep your child safe at home – the burden of care is too high for 1 person by themselves
 - There must be a trach trained person ready to care for your child when necessary (for example: in the car's back seat with them while someone else is driving in case they need care)
 - Emergency equipment and supplies must always be with your child to keep them safe wherever they are

Life with a trach

- As your child grows and develops, their trach needs will change while in hospital and after you are discharged home
- Your child will move from the PICU to the wards when they are ready



Life with a trach



- After going home, your child may require readmissions to hospital for procedures or to manage an illness
- You will have access to respite care at facilities supported by Alberta Children's Hospital in Calgary
- As your child grows, supports for home and school may be available depending on your child's needs
- As your child approaches age 18, your healthcare team will help transition your care to the Adult programs available in your area

Life with a trach

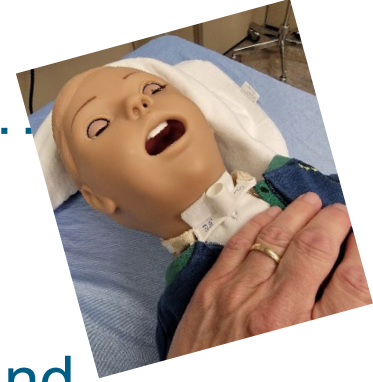


- You will be expected to bring your child to Complex Airway Clinic and Combined Clinic at Alberta Children's Hospital on a regular basis to monitor your child's airway and respiratory support needs
- Your child's trach needs will change – trach tubes will change as your child grows and their respiratory support needs will change
- Some children may be able to move to decannulation – your healthcare team will help when/if the trach tube can be removed

Learning to care for your child's needs



- No matter why your child has a trach, your healthcare team will help you learn how to care for your child's needs safely
- Your child's job is to grow and develop and learn, and your job is to learn how to help support them in this and keep them safe with their trach
- You will learn about going home, caregivers in your home, equipment, suctioning, trach care, safety, emergency preparedness, and clinic and team supports after discharge in your area



Learning to care for your child's needs

- You will learn how to safely care for your child and practice the skills that you are learning as many times as you need while in hospital
- You will be expected to be able to perform all these skills safely in order to go home
- This trach training can take months to complete and may take longer if your child's care is complex
- You and your training partner will be expected to follow all the training guidelines once home to keep your child safe

Learning to care for your child's needs

FCRC

Family & Community Resource Centre

Committed to providing information,
resources and support to families



Alberta Children's Hospital



Home About For Families For Youth For Professionals Health Information Resources Search

Tracheostomy

Some children require a tracheostomy to help with their breathing. The Alberta Children's Hospital (ACH) Tracheostomy and Ventilator Education Program supports families and caregivers to develop the knowledge and skills needed to safely care for a child with a tracheostomy in the community. This page is intended as a resource for families and caregivers in the program.

For more information about the program please contact Juanita Davis, Pediatric Trach Coordinator at 403-955-2213 or by email at juanita.davis@ahs.ca.



Basic Information

- Tracheostomy 101
- Pediatric Tracheostomy Family Roadmap
- Transition to Home Checklist

Alberta Children's Hospital Tracheostomy and Ventilator Education Program

- Overview
- Tracheostomy & Ventilator Knowledge and Skills Resource

FCRC Services

- Indigenous Hospital Liaison
- Child and Youth Advisory Council
- Child & Youth Interactive Media Program
- Emily's Backyard (Child Care)
- Family Library
- Family Support Specialists
- Family to Family Connections
- Gifts in Kind
- Patient & Family Centred Care
- Therapeutic Clown Program

<http://fcrc.albertahealthservices.ca/health-information/tracheostomy/>



Funding supports

- While your child is in hospital, the equipment and supplies needed to care for your child are provided by the hospital
- When you and your child are preparing to go home, your healthcare team will help you with the equipment and supplies that you will need at home



Funding supports

- Equipment and supplies may be funded through your private insurance if applicable
- AADL (Alberta Aids to Daily Living) will cover funding for some equipment and supplies either through their respiratory branch or through a respiratory vendor
- Pediatric Home Care will fund some basic tracheostomy supplies for home
- You will be required to pay for supplies that are not funded by any other source



Funding supports

- Trach tubes, oxygen therapy supplies and equipment, and suction machines will be funded by AADL and provided by a respiratory vendor
- Suction catheters are funded by AADL and provided by Market Drugs via 1(800)282-3913 or their email at market@marketrxmed.com
- Ventilators are funded by AADL/Alberta Blue Cross and provided by Respiratory Outreach Program
- Some equipment and supplies are not funded



Funding supports

- If you are First Nations, you may have funding from NIHB (Non-Insured Health Benefits) instead of AADL
- If you are a non resident of Alberta or Canada, your funding will be different
- Your healthcare team will help with what is covered and will help you apply for funding when required
- Your emergency equipment supplies will be provided by the hospital and must be checked and maintained once home by you and your Home Care team



Caregiver supports

- Caring for a child with a trach at home requires help even though you are learning the skills and knowledge needed yourself
- You and your partner in training will need to be able to sleep at home, work, and care for your family
- Caregivers are intended to help with this care and your Home Care team will help you with learning about what types of caregiver supports are available to support you at home in your area

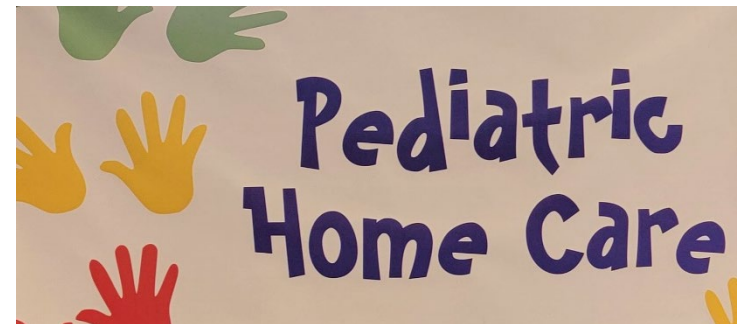


Caregiver supports

- You will learn how to help your caregivers take care of your child
- You will be expected to provide a warm, safe space for the caregivers to work in your home providing this care for your child
- Your caregivers may not be able to come to work when they are ill or there may be gaps in your caregiver support – you will be expected to care for your child if a caregiver can't be there

CCAN Team and Pediatric Home Care

- Because your child has a trach and may have other supports, your child will be provided support by the CCAN (Children with Complex Airway Needs) team and the Pediatric Home Care team in the Calgary area
- If you live outside of Calgary, the local Home Care team nearest to you will manage your home needs by working with these teams



CCAN Team

- This team helps coordinate your discharge from hospital with the hospital staff, will see you at home after discharge, will see you in Complex Airway Clinic at the Alberta Children's Hospital when you have appointments, and will be available by phone when you need help and guidance
- You will meet members of this team while in hospital before going home
- If you live outside of Calgary, this team will help coordinate with a Home Care team nearest to you

Summary:

- This module has provided a basic introduction to life with a trach, the training required for caring for your child's needs, funding supports, caregivers, and your Pediatric Home Care and CCAN teams
- If you have concerns or questions, please talk to your healthcare team