



Diabetes is a condition that affects the body's ability to produce or process insulin. Below is a list of resources to help families understand type 1 & 2 diabetes and the care involved with both conditions.

The Great Katie Kate Discusses Diabetes

M. Maitland DeLand

When Andrew starts feeling funny after a day at the carnival, Dr. Caruthers tells him and his parents that there may be something wrong with the way his body uses sugar.

Go, Team Coco!

Lilly Diabetes

Join Coco as she and her parents visit the doctor and learn about caring for her type 1 diabetes.

Type 1 Teens: A Guide to Managing Your Life with Diabetes

Korey K. Hood

Type 1 Teen gives teens a slew of strategies and tips to manage their day-to-day lives with type 1 diabetes.

The Dinosaur Tamer: and Other Stories for Children with Diabetes

Marcia Levine Mazur

Twenty-five fictional stories that will entertain, enlighten, and ease a child's frustration about having diabetes.

Until there is a Cure: The Latest and Greatest in Diabetes Self-care

Gray Scheiner

The Latest and Greatest in Diabetes Self-Care is the perfect book for people with diabetes and their families.

Pumping Insulin: Everything for Success on an Insulin Pump and cgm

John Walsh

Pumping insulin gives a complete guide for achieving excellent control on a smart insulin pump.

Kids First Diabetes Second: Tips for Parenting a Child with Type 1 Diabetes

Leighann Calentine

Learn how to automate tasks, navigate challenges, celebrate achievements, establish a support group, relieve stress, and avoid being consumed by management of the condition.

When a Child has Diabetes

Denis Daneman, Marcia Frank, and Kusiel Perlman

Besides the issues in day-to-day care, *When a Child Has Diabetes* also examines the larger implications of diabetes' impact on the family, and on growth and development of children with diabetes.

Raising a Teen with Diabetes: a Survival Guide for Parents

Moira McCarthy

Raising Teens with Diabetes: A Survival Guide for Parents, is a no-nonsense, honest approach at not just surviving but thriving in those years, from a mom who has been there.

This list was created by caring Families & Professionals

These resources are available to borrow from:

Family & Community Resource Centre

Alberta Children's Hospital
2888 Shaganappi Trail NW, Calgary, AB

Or check your local library for these resources.

For a list of recommended websites and contributors visit:

frc.ahs.ca/health-information/library/information-prescriptions/diabetes

For more information contact the Child Health Information Specialist
at 403-955-7745 or childhealthinfo@ahs.ca

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please contact your doctor or appropriate health care professional.



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