



Info Rx

Diabetes

Diabetes is a condition that affects the body's ability to produce or process insulin. Below is a list of resources to help families understand type 1 & 2 diabetes and the care involved with both conditions.

Borrow these books from the FCRC or check your local library!

The Great Katie Kate Discusses Diabetes

M. Maitland DeLand

When Andrew starts feeling funny after a day at the carnival, Dr. Caruthers tells him and his parents that there may be something wrong with the way his body uses sugar.

Go, Team Coco!

Lilly Diabetes

Join Coco as she and her parents visit the doctor and learn about caring for her type 1 diabetes.

Type 1 Teens: A Guide to Managing Your Life with Diabetes

Korey K. Hood

Type 1 Teens gives teens a slew of strategies and tips to manage their day-to-day lives with type 1 diabetes.

The Dinosaur Tamer: And Other Stories for Children with Diabetes

Marcia Levine Mazur

This collection of twenty-five fictional stories that will entertain, enlighten and ease a child's frustration about having diabetes.

Until there is a Cure: The Latest and Greatest in Diabetes Self-Care

Gray Scheiner

Gary Scheiner combines his professional experiences and expertise as a diabetes educator with his experience managing his own type 1 diabetes in this book.

Pumping Insulin: Everything for Success on an Insulin Pump and CGM

John Walsh

This comprehensive and easy to use guide will help patients understand insulin pump and CGM therapy.



Kids First, Diabetes Second: Tips for Parenting a Child with Type 1 Diabetes

Leighann Calentine

Kids First, Diabetes Second helps parents and caregivers enable children with diabetes to thrive. It teaches caregivers how to automate tasks, navigate challenges, celebrate achievements, establish a support group, relieve stress, and avoid being consumed by the management of diabetes.

When a Child Has Diabetes

Denis Daneman, Marcia Frank, and Kusiel Perlman

When a Child has Diabetes is a comprehensive and supportive guide written by staff at SickKids Hospital. It will help parents and children learn the hands-on skills needed for at-home diabetes care so they can all live happy, healthy lives.

Raising Teens with Diabetes: A Survival Guide for Parents

Moira McCarthy

Moira McCarthy shares her experience raising her daughter who has type 1 diabetes in this book. McCarthy uses a no-nonsense and honest approach as she shares tips and strategies for parenting a teen with diabetes.

Need more information?

Child Health Information Specialist

 403-955-7745  ChildHealthInfo@ahs.ca

 fcrc.ahs.ca/rx/diabetes/

Family & Community Resource Centre

2nd Floor, Alberta Children's Hospital
2888 Shaganappi Trail NW, Calgary, AB, T3B 6A8

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