



## Info Rx

## Parents of Children or Teens with ASD

Autism spectrum disorders (ASD) is an umbrella term for developmental disorders that will impact a person their whole life. ASD affects each person differently and is characterized by difficulties with social interaction and communication, unusual and problematic behavior, and sensory processing difficulties.

**Borrow these books from the FCRC or check your local library!**

### **American Academy of Pediatrics Autism Spectrum Disorders: What Every Parent Needs to Know**

*Alan I. Rosenblatt and Paul S. Carbone*

American Academy of Pediatrics has created this comprehensive guide to introduce parents to the many aspects of autism.

### **Autism Spectrum Disorder: The Complete Guide to Understanding Autism**

*Chantal Sicile-Kira*

Written for parents, teachers, and caregivers, Autism Spectrum Disorder explains the condition and provides useful insight.

### **Ten Things Every Child with Autism Wishes You Knew**

*Ellen Notbohm*

Written with humor and compassion, this book helps others understand children with autism.

### **An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn**

*Sally J. Rogers, Geraldine Dawson, Laurie A. Vismara*

This guidebook provides strategies for practical parents to help their child learn, connect, and communicate.

### **1001 Great Ideas for Teaching and Raising Children with Autism or Asperger's, Revised and Expanded 2nd Edition**

*Veronica Zysk and Ellen Notbohm*

1001 suggestions to help your child with autism are found in this book.

### **Life on the Autism Spectrum - A Guide for Girls and Women**

*Karen McKibbin*

Girls and women with autism are often misunderstood. This book provides information and understanding about females with ASD.



## **From Like to Love for Young People with Asperger's Syndrome (Autism Spectrum Disorder): Learning How to Express and Enjoy Affection with Family and Friends**

*Michelle Garnett and Tony Attwood*

This book provides tips and strategies for parents and children to communicate and show affection appropriately with each other when a child is affected by ASD.

## **Strategies for Building Successful Relationships with People on the Autism Spectrum**

*Brian R. King*

King has drawn on his professional and personal experience in creating this relationship guidebook.

## **Siblings of Children with Autism: A Guide for Families (Topics in Autism)**

*Sandra L. Harris and Beth A. Glasberg*

Siblings are impacted by autism too. This book takes a look at what it is like to grow up with a sibling who has autism and how this impacts the dynamic of a sibling relationship.

## **Raising Your Spirited Child: A Guide for Parents Whose Child is More Intense, Sensitive, Perceptive, Persistent, and Energetic**

*Mary Sheedy Kurcinka*

Written to help parents raise their children, this book provides tips, strategies, and advice so that parents have support in creating a supportive, encouraging, and loving environment for their child.

## **Optimistic Parenting: Hope and Help for You and Your Challenging Child**

*V. Mark Durand Ph.D.*

Durand, a recognized authority on autism spectrum disorders wrote this book using humour and his professional insight to help parents manage challenging behaviours.

*Need more information?*

## **Child Health Information Specialist**

 403-955-7745  [ChildHealthInfo@ahs.ca](mailto:ChildHealthInfo@ahs.ca)

 [frcr.ahs.ca/rx/asd](http://frcr.ahs.ca/rx/asd)

### **Family & Community Resource Centre**

2<sup>nd</sup> Floor, Alberta Children's Hospital  
28 Oki Drive NW, Calgary, AB, T3B 6A8

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Alberta Health  
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Alberta Children's Hospital

