



Info Rx

Parents of Children or Teens with ASD

Autism spectrum disorders (ASD) is as umbrella term for developmental disorders that will impact a person their whole life. ASD affects each person differently and is characterized by difficulties with social interaction and communication, unusual and problematic behavior, and sensory processing difficulties.

American Academy of Pediatrics Autism Spectrum Disorders: What Every Parent Needs to Know

Alan I. Rosenblatt and Paul S. Carbone

American Academy of Pediatrics has created this comprehensive guide to introduce parents to the many aspects of autism.

Autism Spectrum Disorder (revised): The Complete Guide to Understanding Autism

Chantal Sicile-Kira

Written for parents, teachers, and caregivers, Autism Spectrum Disorder explains the condition and provides useful insight.

Ten Things Every Child with Autism Wishes You Knew: Updated and Expanded Edition

Ellen Notbohm

Written with humor and compassion, this book helps others understand children with autism.

An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn

Sally J. Rogers, Geraldine Dawson, Laurie A. Vismara

This guidebook provides strategies for practical parents to help their child learn, connect, and communicate.

1001 Great Ideas for Teaching and Raising Children with Autism or Asperger's, Revised and Expanded 2nd Edition

Veronica Zysk and Ellen Notbohm

1001 suggestions to help your child with autism are found in this book.

Life on the Autism Spectrum - A Guide for Girls and Women

Karen McKibbin

Girls and women with autism are often misunderstood. This book provides information and understanding about females with ASD.

From Like to Love for Young People with Asperger's Syndrome (Autism Spectrum Disorder): Learning How to Express and Enjoy Affection with Family and Friends

Michelle Garnett and Tony Attwood

This book provides tips and strategies for parents and children to communicate and show affection appropriately with each other when a child is affected by ASD.

Strategies for Building Successful Relationships with People on the Autism Spectrum

Brian R. King

King has drawn on his professional and personal experience in creating this relationship guidebook.

Siblings of Children with Autism: A Guide for Families (Topics in Autism)

Sandra L. Harris and Beth A. Glasberg

Siblings are impacted by autism too. This book takes a look at what it is like to grow up with a sibling who has autism and how this impacts the dynamic of a sibling relationship.

Raising Your Spirited Child: A Guide for Parents Whose Child is More Intense, Sensitive, Perceptive, Persistent, and Energetic

Mary Sheedy Kurcinka

Written to help parents raise their children, this book provides tips, strategies, and advice so that parents have support in creating a supportive, encouraging, and loving environment for their child.

Optimistic Parenting: Hope and Help for You and Your Challenging Child

V. Mark Durand Ph.D.

Durand, a recognized authority on autism spectrum disorders wrote this book using humour and his professional insight to help parents manage challenging behaviours.

This list was created by caring Families & Professionals

These resources are available to borrow from:

Family & Community Resource Centre

Alberta Children's Hospital
2888 Shaganappi Trail NW, Calgary, AB

Or check your local library for these resources.

For a list of recommended websites and contributors visit:

fcr.ca/health-information/library/information-prescriptions/asd

For more information contact the Child Health Information Specialist
at 403-955-7745 or childhealthinfo@ahs.ca

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Alberta Health
Services

Alberta Children's Hospital

