

# Community Education Service

## Fact vs. Fiction: Dispelling Early Childhood Myths

Presented by: Karen Serrett, Ph.D., R.Psych and  
Christina Vaillancourt, R.Psych

February 13, 2012  
Session: 6:30 pm - 8:00 pm  
Sign in: 6:15 pm  
CBE Education Centre  
Innovation and Learning Commons (ILC)  
2nd floor, Safran North  
1221—8th Street SW

Session is  
FREE  
of Charge

All participants please register no later than February 6, 2012. Register by visiting [http://fcrc.albertahealthservices.ca/course\\_registration/public\\_course\\_list.php](http://fcrc.albertahealthservices.ca/course_registration/public_course_list.php). Courses with low registration will be cancelled one week prior to the session. Please register early to avoid disappointment.

This presentation will review the current knowledge related to a number of early childhood myths. Specifically, participants in this workshop will gain knowledge to assist in dispelling myths around early childhood mental health issues, factors that impact preschoolers' mental health, and the types of experiences that positively impact a young child's development.

Level I Activity: This activity presents an overview of early childhood myths, and would best meet the needs of families and/or professionals with little to no knowledge of, or experience with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addictions and Mental Health Portfolio (CAAMHP) of Alberta Health Services in partnership with *CBE: Family Oriented Programming—Learning Services* and *Collaborative Mental Health Care*

For more information and/or if you are having difficulty registering for the session please see <http://fcrc.albertahealthservices.ca/calendar.php> or email [ces@albertahealthservices.ca](mailto:ces@albertahealthservices.ca)