

# Community Education Service

## Healthy Weights in Children

Presented by: Dawn Phelps, RN, BScN & Kally Cheung, RD, CDE

Telehealth/  
Video-  
Conference  
Available

**March 5, 2012**  
**Session: 9:30 am - 11:30 am**  
**Sign in: 9:15 am**  
**Alberta Children's Hospital**  
**Room: Kinsmen Learning Centre (4th floor)**

Session is  
FREE  
of Charge

It is recommended all participants please register no later than **February 27, 2012**.  
Register by visiting [http://fcrc.albertahealthservices.ca/course\\_registration/public\\_course\\_list.php](http://fcrc.albertahealthservices.ca/course_registration/public_course_list.php)  
If you are having difficulty registering for the session please see <http://fcrc.albertahealthservices.ca/ces.php>

If you are AHS staff requesting telehealth, please proceed to <https://vcscheduler.ca/schedule20/calendar/calendar.aspx?ID=1268>  
If you are non-AHS staff requesting telehealth, please email us at [ces@albertahealthservices.ca](mailto:ces@albertahealthservices.ca)

Courses with low registration will be cancelled one week prior to the session date.  
Please register early to avoid disappointment.

**Should I be concerned about my child's growth? What is childhood obesity? How can I support my child in a healthy way? Learn about these topics and how MEND, a community-based healthy lifestyle program can support your child and family to be fitter, healthier and happier.**

**Level I Activity:** This activity presents an overview of Obesity, supporting the child's mental health and the MEND program, and would best meet the needs of families and/or professionals with little to no knowledge of, or experience with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addictions and Mental Health Portfolio (CAAMHP) of Alberta Health Services & MEND - AHS