

Community Education Service

Talking to Teens About Sexual Decision-Making

Presented by: Christine Sturgeon, B.Ed.,
Level 3 Child Development Supervisor, Community Educator, AHS

February 29, 2012

Session: 7:00 - 8:30 pm

Sign in: 6:45 pm

Meadowbrook Middle School

1796 Meadowbrook Drive, Airdrie

Session is
FREE
of Charge

All participants please register no later than **February 22, 2012**.

Register by visiting http://fcrc.albertahealthservices.ca/course_registration/public_course_list.php

Courses with low registration will be cancelled one week prior to the session. Please register early to avoid disappointment.

Talking with teens about sexual decision making can be challenging, but teens need us to start the conversations and provide support. Find out about current trends related to sexual behaviour such as the use of social media and substance use. This session will provide strategies for talking to teens about developing skills for healthy relationships and identifying community resources .

Level I Activity: This activity presents an overview of sexual decision-making strategies for the teen population, and would best meet the needs of families and/or professionals with little to no knowledge of, or experience with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addictions and Mental Health Portfolio (CAAMHP) of Alberta Health Services & The Sexual & Reproductive Health Program—AHS

For more information, or if you are having difficulty registering for the session please see

<http://fcrc.albertahealthservices.ca/ces.php>

or email ces@albertahealthservices.ca